

# Curriculum Resources

Curriculum selection when working with a group or classroom is a big choice. There are many things you will need to consider. Please use this tool to check out resources that are out there that may fit with what you are looking to cover. When using other curriculums, be sure to appropriately reference, get permission to use when necessary and avoid plagiarizing materials.

Curriculum Name	Link	Age	Skill	Cost
Advocates on Health Care and the Transition to Adulthood	<a href="https://autisticadvocacy.org/2014/07/asan-unveils-toolkit-for-advocates-on-health-care-and-the-transition-to-adulthood/">https://autisticadvocacy.org/2014/07/asan-unveils-toolkit-for-advocates-on-health-care-and-the-transition-to-adulthood/</a>	16+	Transition Skills for Healthcare	Free
Amaze	<a href="https://amaze.org/">https://amaze.org/</a>	12+	Sex Education and Identity	Free
Civic Engagement Toolbox For Self-Advocates	<a href="https://autisticadvocacy.org/policy/toolkits/civic-2/">https://autisticadvocacy.org/policy/toolkits/civic-2/</a>	16+	Civic Engagement	Free
Changes in Me: A resource for Educators on Puberty and Adolescent Development	<a href="https://www.peelregion.ca/health/commhlth/bodyimg/changes-in-me/lessons/">https://www.peelregion.ca/health/commhlth/bodyimg/changes-in-me/lessons/</a>	9-11	Adolescent development and relationships	Free
CHAT Family Toolkit	<a href="https://sys.mahec.net/media/brochures/Family_toolkit.pdf">https://sys.mahec.net/media/brochures/Family_toolkit.pdf</a>	16+	Family skills to Transition Healthcare	Free
CHAT Youth Toolkit	<a href="https://sys.mahec.net/media/brochures/youth_toolkit.pdf">https://sys.mahec.net/media/brochures/youth_toolkit.pdf</a>	16+	Skills to Self-Directed Healthcare	Free
Disability History Museum Education	<a href="https://www.disabilitymuseum.org/dhm/edu/lesson_results.html">https://www.disabilitymuseum.org/dhm/edu/lesson_results.html</a>	11+	Disability History	Free
Overcoming Obstacles	<a href="https://www.overcomingobstacles.org/curriculum/">https://www.overcomingobstacles.org/curriculum/</a>	5-20	Communication, decision making, and goal setting	Free
FLASH	<a href="https://www.etr.org/flash/flash-curriculum/">https://www.etr.org/flash/flash-curriculum/</a>	5-22	Sex Education and Health	\$49.99-\$374.99
Follow the Money: The U.S. Budget and You	<a href="https://autisticadvocacy.org/policy/toolkits/budget/">https://autisticadvocacy.org/policy/toolkits/budget/</a>	14+	Financial Literacy	Free
Guideposts for Success	<a href="http://www.ncwd-youth.info/wp-content/uploads/2018/03/Guideposts-for-Success-English-Print-Quality-1.pdf">www.ncwd-youth.info/wp-content/uploads/2018/03/Guideposts-for-Success-English-Print-Quality-1.pdf</a>	13+	School Preparation, Youth Development and Leadership, Family Involvement, Career Preparation	Free
Healthy Community Living	<a href="http://healthycommunityliving.com">http://healthycommunityliving.com</a>	18+	Community Living Skills, Living Well in the Community	\$500

iBelong	<a href="http://onramptraining.com/ibelong/">http://onramptraining.com/ibelong/</a>	5-13	Overview of specific disabilities and inclusion	\$1099
Ignite	<a href="http://onramptraining.com/ignite/">http://onramptraining.com/ignite/</a>	10-14	Self-exploration, self-advocacy, emotion regulation, goal setting, conflict resolution, transition plan process	\$499
I Know Where I am Going (But Will my Cash Keep Up)	<b>Part 1</b> <a href="http://montanayouthtransitions.org/wp-content/uploads/2016/04/I-Know-Where-Im-Going-Part-One.pdf">http://montanayouthtransitions.org/wp-content/uploads/2016/04/I-Know-Where-Im-Going-Part-One.pdf</a> <b>Part 2</b> <a href="http://montanayouthtransitions.org/wp-content/uploads/2016/04/I-Know-Where-Im-Going-Part-Two.pdf">http://montanayouthtransitions.org/wp-content/uploads/2016/04/I-Know-Where-Im-Going-Part-Two.pdf</a>	14+	Financial Literacy	Free
Learn How to Become	<a href="https://www.learnhowtobecome.org/">https://www.learnhowtobecome.org/</a>	16+	Employment Resources and Skills	Free
Making the Move to Managing Your Own Personal Assistance Services	<a href="https://pueblo.gpo.gov/CAARNG/ODEP/PDF/ODEP051.pdf">https://pueblo.gpo.gov/CAARNG/ODEP/PDF/ODEP051.pdf</a>	16+	Transition to Adulthood Skills, managing your own Personal Assistance Services	Free
MYTransition Soft Skills Curriculum	<a href="http://montanayouthtransitions.org/mytransition-soft-skills-curriculum/">http://montanayouthtransitions.org/mytransition-soft-skills-curriculum/</a>	14+	Soft Skills	Free (in-person training required)
Planning and Giving a Presentation: A Guide for Self-Advocates	<a href="http://www.theriotrocks.org/products/toolkits">http://www.theriotrocks.org/products/toolkits</a>	14+	Teamwork, and leadership skills	\$30
Punch-In Employment Courses	<a href="http://success-network.punch-in.org/page/take-the-course">http://success-network.punch-in.org/page/take-the-course</a>	16+	Employment Skills	Free
Real Work for Real Pay: A Self-Advocate's Guide to Employment Policy	<a href="https://autisticadvocacy.org/policy/toolkits/employment/">https://autisticadvocacy.org/policy/toolkits/employment/</a>	16+	Employment Education	Free
Safe Date Curriculum	Book to purchase, CD-ROM <a href="https://www.hazelden.org/store/item/38103">https://www.hazelden.org/store/item/38103</a>	12-20	Healthy Relationships	\$245
Scarleteen Sex Ed for the Real World	<a href="https://www.scarleteen.com/">https://www.scarleteen.com/</a>	12+	Sex Education	Free

Self-Determination and You	<a href="http://www.theriotrocks.org/products/toolkits">http://www.theriotrocks.org/products/toolkits</a>	14+	Self-Determination, Self-Advocacy and Community Involvement	\$30
SexEd Library	<a href="https://www.sexedlibrary.org/">https://www.sexedlibrary.org/</a>	10+	Sex Education	Free
Skills to Pay the Bills: Mastering Soft Skills for Workplace Success	<a href="https://www.dol.gov/odep/topics/youth/softskills/">https://www.dol.gov/odep/topics/youth/softskills/</a>	14-21	Communication, enthusiasm, attitude, teamwork, networking, problem solving, critical thinking, and professionalism	Free
Starkloff Disability Institute Resources	<a href="https://starkloff.org/resource-center/">https://starkloff.org/resource-center/</a>	14+	Networking, Resume Writing, Disability Disclosure	Free
Teaching Self-Advocacy Skills to Students	<a href="https://teachingselfadvocacy.wordpress.com/">https://teachingselfadvocacy.wordpress.com/</a>	13+	Self-Advocacy	Free
Teaching Sexual Health	<a href="https://teachingsexualhealth.ca/teachers/">https://teachingsexualhealth.ca/teachers/</a>	11+	Sexual Education and Health	Free
The 411 on Disability Disclosure: A Workbook for Youth with Disabilities	<a href="http://www.ncwd-youth.info/publications/the-411-on-disability-disclosure-a-workbook-for-youth-with-disabilities/">http://www.ncwd-youth.info/publications/the-411-on-disability-disclosure-a-workbook-for-youth-with-disabilities/</a>	14+	Disability Disclosure, education and employment skills.	Free
T'NT	<a href="http://onramptraining.com/tnt/">http://onramptraining.com/tnt/</a>	13-22	Post-Secondary Education, job training, soft skills, mock interviews, housing, insurance, financial literacy, and accessing community resources	\$879
Whose Future Is It Anyway?	<a href="http://www.ou.edu/education/centers-and-partnerships/zarrow/transition-education-materials/whos-future-is-it-anyway">http://www.ou.edu/education/centers-and-partnerships/zarrow/transition-education-materials/whos-future-is-it-anyway</a>	14-22	Self-Advocacy and Self-Determination	Free
Working Together for Change	<a href="http://helensandersonassociates.co.uk/person-centred-practice/paths/">http://helensandersonassociates.co.uk/person-centred-practice/paths/</a>	14+	System Change, Self-Advocacy, and Teamwork	\$30
Youth Skills for Life Curriculum	<a href="https://www.vaprojectlife.org/for-professionals/youth-skills-for-life-curriculum-3/">https://www.vaprojectlife.org/for-professionals/youth-skills-for-life-curriculum-3/</a>	14-22	Transitions: Career Preparation, education, Health and Nutrition, Housing and Home Management, Risk Prevention, Money Management	Free



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