

Declaration of Independence

Highlights from the National
Advisory Board Recommendations
for Medicaid Managed Care



Six Principles Necessary to Modernize Our Health Care Infrastructure

- Enhance Self-Care through Improved Coordination
- Encourage Community Integration and Involvement
- Expand Accessibility of Services and Supports
- Uphold Personal Preference
- Empower People to Participate in the Economic Mainstream
- Invest in Improved Technology

Enhance Self-Care through Improved Coordination

- Transform America's health care system from one that focuses on episodic illnesses to one that assists individuals in self-managing their whole health, with the support of providers and communities.
- Encourage the fundamental and financial investment in physicians to serve as the medical home for patients.



Encourage Community Integration and Involvement

- Coordinate support services, housing, and transportation so people are able to participate in the social, economic, educational, and recreational activities available through community living.
- Promote data integration, continuity, and coordination of services through the use of health information exchange.



Expand Accessibility of Services and Supports

- Retool programs and regulations which allow people to access the services they need to live independently without creating financial hardship for the family.



Uphold Personal Preference

- **Leverage the success of long-term services and supports models that promote personal strengths and preferences and preserve dignity of participants.**



Empower People to Participate in the Economic Mainstream

- Encourage the employment of older adults and individuals with disabilities by removing disincentives for people to work and redefine antiquated descriptions of disability.



Invest in Improved Technology

- Invest resources in the continued development of technology that improves individuals' ability to self-monitor chronic health conditions and live independently.



Healthcare Recommendations

- Involve people with disabilities in identifying needed policy and developing policies and procedures.
- Make sure all policies support the rights of people with disabilities to live, work and play in the communities of their choice.

Healthcare Recommendations

- Provide additional programs and services for persons who are currently not served, including but not limited to, people with autism, brain and spinal cord injury, developmental disability with no diagnosis of mental retardation, and mental illness.
- Reduce health care costs by providing wellness and prevention programs.

Healthcare Recommendations

- Increase funding flexibility so individuals and their families can use money more effectively.
- Improve higher education programs to better prepare physicians, nurses, therapists and teachers to serve people with disabilities and their families.
- Provide incentives to increase disability awareness and sensitivity training for health care professionals.

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