

Community Transitions 101

Building Blocks for New Programs



Presented by Dayle McIntosh Center



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DAYLE MCINTOSH
— CENTER —

Our Philosophy

All people with disabilities can live independently in the community with the right supports!

Transition Timeline

Intake	Transition Plan	Preparing LTSS	Discharge Planning	Move-In Day	Follow-Up
<ul style="list-style-type: none"> Initial screening Build rapport Create consumer file 	<ul style="list-style-type: none"> Determine transition goals Assess LTSS needs Engage support network 	<ul style="list-style-type: none"> Locate housing Apply for in-home care Address income and credit issues Acquire AT, DME, home mods Establish mental health supports Home shopping 	<ul style="list-style-type: none"> Emergency /backup care plan Ensure supports are in place Prepare for move-in day 	<ul style="list-style-type: none"> Discharge from facility Grocery shopping Home setup Meeting community 	<ul style="list-style-type: none"> Daily, weekly, monthly check-ins IL skills training Peer and social groups Employment, volunteering
<p><u>~1-2 meetings</u></p>	<p><u>~First month</u></p>	<p><u>~2-6 months</u></p>	<p><u>~2 weeks</u></p>	<p><u>~Whole day</u></p>	<p><u>~One year</u></p>

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OUTREACH!

Transition Resources

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graph LR; A[Transition Resources] --- B[Income]; A --- C[Housing]; A --- D[In-Home Care]; A --- E[Other LTSS]
```

Income

Housing

In-Home Care

Other LTSS

Income

```
graph LR; Income[Income] --- SSI[SSI/SSDI]; Income --- Employment[Employment]; Income --- Retirement[Retirement];
```

The diagram features a vertical orange bar on the left containing the word 'Income' in white, bold, sans-serif font. A thin black line extends from the right side of this bar and splits into three horizontal lines, each connecting to the left side of one of three stacked orange rectangular boxes. The top box contains the text 'SSI/SSDI', the middle box contains 'Employment', and the bottom box contains 'Retirement'. All text within the boxes is white and bold. The background is white with abstract geometric shapes in shades of orange and blue on the right side.

SSI/SSDI

Employment

Retirement

Housing

```
graph LR; A[Housing] --- B[NED and Project-Based Vouchers]; A --- C[Senior Housing]; A --- D[Facebook, Craigslist, and private listings]; A --- E[Family and friends];
```

NED and Project-Based Vouchers

Senior Housing

**Facebook, Craigslist,
and private listings**

Family and friends

In-Home Care

```
graph LR; A[In-Home Care] --- B[In-Home Supportive Services (IHSS)]; A --- C[HCBA Waiver]; A --- D[Medicare Advantage Plans]; A --- E[Private pay providers];
```

In-Home Supportive Services (IHSS)

HCBA Waiver

Medicare Advantage Plans

Private pay providers

Other LTSS

Mental Health

Counselor/therapist,
psychiatrist, addiction
services

Accessibility

Construction
contractors and
volunteers

Durable medical
equipment (DME)

Community
Involvement

Employment,
volunteering, and
peer/social groups

Other LTSS

```
graph LR; A[Other LTSS] --- B[Ombudsman Program]; A --- C[Transportation]; A --- D[SNAP, Meals on Wheels]; A --- E[Subsidies for utilities, phone, and internet];
```

Ombudsman Program

Transportation

SNAP, Meals on
Wheels

Subsidies for utilities,
phone, and internet

Addressing Common Challenges

- ▶ Family member disagreements and support
- ▶ Empowering decision-making and self-advocacy
- ▶ Addressing consumer anxiety and frustration
- ▶ Post-transition isolation/community involvement
- ▶ Identify challenges early and **BE PROACTIVE:**
 - Lack of income, credit issues, and personal debt
 - Past evictions
 - Drug offenses/criminal background
 - Immigration status
 - Unmet mental health/addiction needs
 - Caregiver mistreatment



Funding Sources

- ▶ **CARES Act** - temporary funding from a COVID relief bill
 - ▶ Administered by the Administration for Community Living (ACL)
 - ▶ Pays for all transition-related expenses
 - ▶ Challenges: temporary and non-renewable, scheduled to run out within the next year
- ▶ **Money Follows the Person** - federal initiative to fund home and community-based services for Medicaid recipients
 - ▶ Administered by Medicaid
 - ▶ Pays for all transition-related expenses
 - ▶ Challenges: complex to use, requires assessment by nurse and approval of full transition plan, Medicaid recipients only

Funding Sources

- ▶ **DOR Transition/Diversion Fund** - funds transitions and diversions to empower community-based living for PWDs
 - ▶ Administered by the Department of Rehabilitation (DOR)
 - ▶ Pays for all transition-related expenses up to \$4,500
 - ▶ Challenges: funds offered on reimbursement basis after 60 days, considered “funding of last resort,” first-come-first-serve
- ▶ **Dignity at Home** - private fall-prevention grant through Orange County ADRC partnership
 - ▶ Administered by California Department of Aging (CDA)
 - ▶ Pays for AT, DME, and home modifications related to fall prevention
 - ▶ Challenges: local to Orange County, requires ADRC partnership

Funding Sources

- ▶ Fundraising/fee for service programs/line of credit - used to “float costs” while waiting for reimbursement

Takeaways

- ▶ Transitions are one of the most challenging but **REWARDING** core services that ILCs offer
- ▶ Transition services **change lives** and reconnect people with disabilities to their goals, communities, and decision-making power!



Resource List

- ▶ **The ABCs of Nursing Home Transition**
- ▶ **Community Transition Coordinator job description**
- ▶ **Community Transition Program service plan**
- ▶ **Transition and Comprehensive Care Plan template**
- ▶ **Participant Rights and Responsibilities**
- ▶ **Transition, discharge, and home setup checklists**
- ▶ **Money Follows the Person grantee list:**
 - <https://www.medicaid.gov/medicaid/long-term-services-supports/money-follows-person/list-of-money-follows-person-grantees/index.html>
- ▶ **MFP Memorandum of Understanding with Housing Authority**

Questions?

The background features abstract, overlapping geometric shapes in shades of blue and orange. The shapes are primarily triangles and quadrilaterals, creating a dynamic, layered effect. The colors range from a deep navy blue to a bright, vibrant orange. The overall composition is clean and modern, with the text 'Questions?' centered in a bold, orange font.