## MY PROFILE/ MY SELFIE

What's Significant To Me and How to Best Support Me? My Favorites: My Well-Being? My personal photo My What Others Like & Dreams Admire About Me... My Strengths My Goals

## **MY SIX SELFIES**

- **Self Awareness-** My Favorites/ My Dreams
- Self Care- Prioritizing your own well being
- **Self Help-** How to Best Support me
- **Self Confidence-** My Strengths
- Self Determination- My Goals
- Self Worth- Look how amazing you are!





Don't forget that your six selfies are a package deal!

