



*The Art of
Engagement in
Latina Farm
Worker
Communities*



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About me:

History of work
in farm worker
community

Clinical Social
Worker

30 years
utilizing art in
therapy and
outreach

Role with
National and
Indiana
AgrAbility

- ▶ Isolation
- ▶ Suffer mortality/morbidity rate higher than the vast majority of American population.
- ▶ Poverty
- ▶ Limited Access to Healthcare
- ▶ Hazardous Working Condition

Migrant/Seasonal Farmworker Risk Factors

Unique Responsibilities and Challenges of Working with Migrant Farm Worker Population

- ▶ Time
- ▶ Facilities
- ▶ Family Centered and Multidisciplinary team approach
- ▶ Advocacy
- ▶ Confidentiality
- ▶ Cultural Sensitivity



Barriers to Outreach and Engagement

Language and Culture Concepts of Health

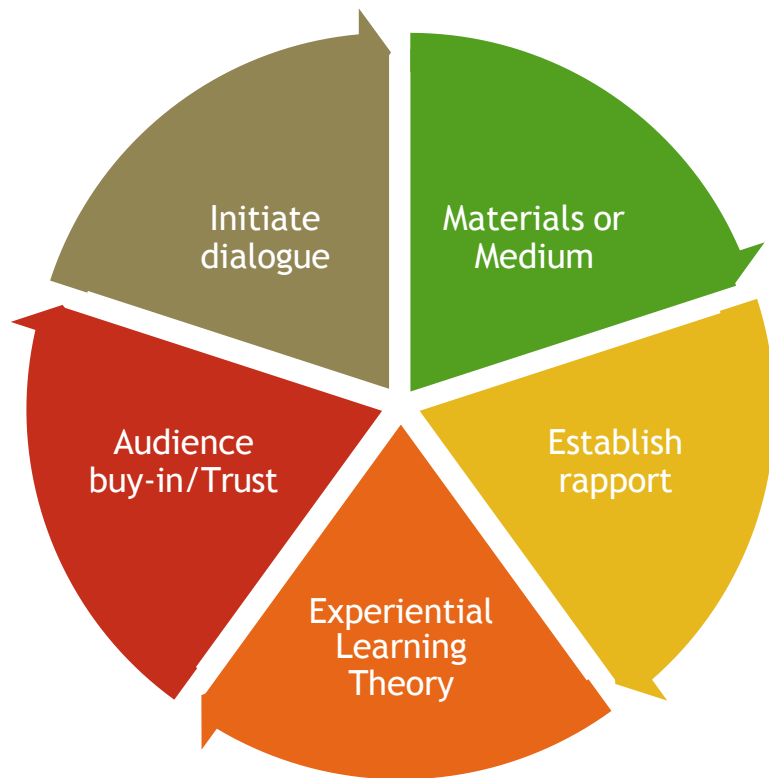
Lack of
Services/culturally
appropriate
services

Using art in outreach work

- ▶ Facilitate dialogue
- ▶ Additional elements needed
- ▶ Various mediums
- ▶ Tool for mobilizing communities
- ▶ Problem solving



Using Art to engage and conduct outreach

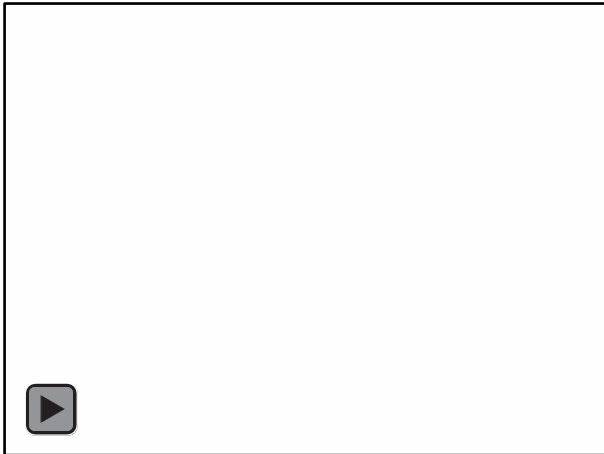


Factors affecting your activity choice:

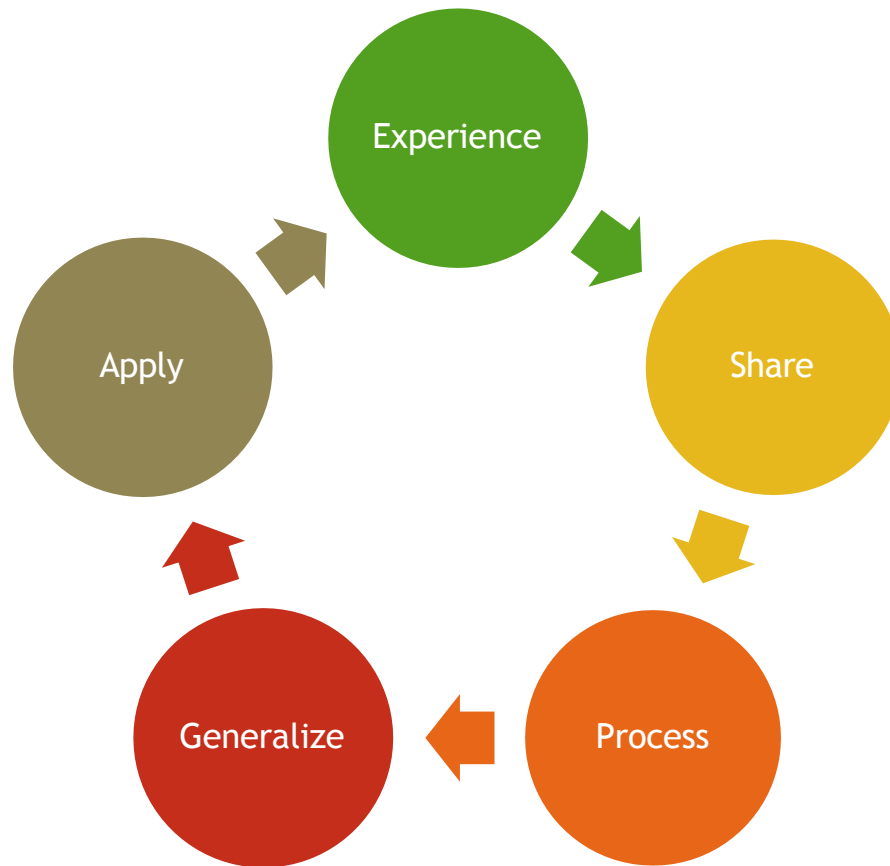
- ▶ Examine your space
- ▶ Whats available..What can you afford?
- ▶ What's transportable?
- ▶ Type of art: movement, visual, music
- ▶ Medium: music, scarves, clay/plasteline, pencils, paint, crayons, voices...

Setting the stage

- ▶ Self Awareness
- ▶ Creating a Safe Space
- ▶ Role modeling




Experiential Learning Concept



Focus on the Journey

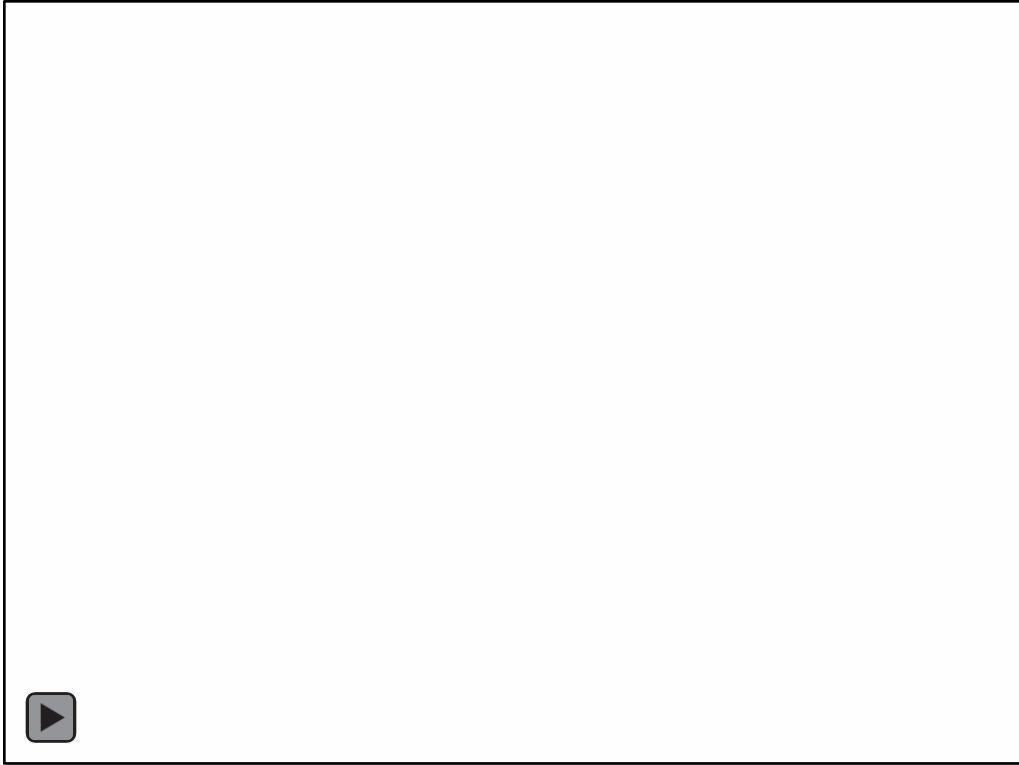
- ▶ May experience strong emotions or reactions
- ▶ Do what you need to do to take care of yourself
- ▶ Practice positive self care
- ▶ Art can help you express things that are beyond language





Loving the Artist within

- ▶ Self-compassion
- ▶ Connecting to self
- ▶ Art may provide insight
- ▶ Stress relief



Visual Arts

Drawing on Experience



▶ Theater Arts

Acting on Impulse



Music

Based on audience and
their needs



Questions

Please reach out:

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