



RTC:Rural

Research & Training Center
on Disability in Rural Communities

Help us evaluate the Rural Independence and Self-Sufficiency Training (RISE) for Rural People using Personal Care Assistance!



Rural disabled people self-directing their home-based personal care have different needs than urban people.

The Research and Training Center on Disability in Rural Communities (RTC:Rural) at the University of Montana worked with rural consumers of personal assistance services to develop the Rural Independence and Self-Sufficiency Training (RISE). This training is to help rural consumers find and keep PCAs through learning how to build relationships and skills for working with agency staff and their PCAs.

What: Before we start the evaluation with consumers, we are looking to learn from 5-7 CIL staff who currently help facilitate home and community-based services about:

- How they interact with rural self-directing consumers,
- How they train rural consumers in self-direction,
- What they think about the training materials, and
- How they could see themselves using it.

How: Interested CIL staff will be invited to participate in a 30-minute one-on-one interview to discuss their work with rural self-directing consumers and a 90-minute focus group to review the training and provide feedback. Participating staff will receive \$50 for their time.

When: The interviews and focus group will be scheduled sometime in November and December 2023.

Questions? Contact project coordinator, **Carissa Russell:**

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