



RTC:Rural

Research & Training Center
on Disability in Rural Communities

JOIN THE PEER COLLECTIVE EVALUATION PROJECT!

Being socially isolated can lead to many negative health and well-being outcomes. We want to find out if participating in the Peer Collective can help!



At RTC:Rural, we worked with Centers for Independent Living (CIL) staff and consumers to develop the “Peer Collective”, a six-week online group for reflecting on existing social supports, setting social support goals, clarifying values, and building communication and relationship skills.

We are looking to partner with five CILs to run two workshops each and support the evaluation activities (online consumer surveys and interviews).

- The contract will run from December 1, 2023-August 1, 2023.
- CILs will receive \$2,500 to cover administrative costs and approximately 100 hours of staff time.
- Two CIL staff members will:
 - Complete the Facilitating Groups training,
 - Complete Facilitating the Peer Collective training,
 - Facilitate two six-week workshops,
 - Support consumers in participating in the evaluation research, and
 - Meet weekly with the evaluation team to provide feedback and troubleshoot any workshop challenges.

In the past, this has been seen as a professional development opportunity with CIL partners, improving their facilitation skills, comfort with delivering workshops online, and increasing their own self-awareness about social skills and building supports.

Contact Rayna Sage for more information!

rayna.sage@umontana.edu



To see a draft of the workshop materials, visit
<https://peercollective.ruralinstitute.umn.edu/>

Rural Institute
For Inclusive Communities