What is Peer Support in Independent Living

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What is Peer Support

• What does your Center do around peer support currently?
Why is Peer Support Important

• It’s a Core Service
• A way to connect persons with disabilities
• Why do you think Peer Support is important?
Types of Peer Support

• Are you doing individual peer support? Group Peer Support? Both?

• How do you track peer support?
Peer Support Training

• What sort of training or support do you have in building your peer support programs?
Peer Support and the COVID Pandemic

• How has COVID changed how you interact or think of peer support?
Peer Support Program Resources made (very) easy by Independent Living Research Utilization = ILRU:

- List of ILRU Peer Support Program Trainings - ILRU peer support program trainings
- Building an Effective Peer Support Program: A Proven Volunteer Model (15 Hours)
- Building effective peer support program
- Get to the Core of It - Peer Support: Best Practices in the CIL Core Services (1.5 Hrs)
- Peer support best practice in the CIL core services
- Building an Effective Peer Support Program - Online Course Manual
- Building an effective peer support program
- Empowering Persons with Psychiatric Disabilities: The Role of the Peer Model in CILs (15 Hours)
- Empowering persons with psychiatric disabilities
- Rural Conversation Community: Peer Support for COVID-19 (1 Hour)
- community-peer-support-for-covid-19
- Get to the Core of It: Best Practices in the Four Core Services, Peer Support - A Proven Volunteer Model (1.5 Hours)
- best practices four core services-peer-support-proven volunteer model
Other Peer Support Program Resources to Consider

- **APRIL**
- *april rural conversations*
- **disABILITY LINK**
- *disabilitylink peer-support*
- **SARTAC** = Self Advocacy Resource and Assistance Center
- *self advocacy information*
- **GMHCN** = Georgia Mental Health Consumer Network
- *georgia peer-support institute*
- **GAO** = Government Accountability Office (best practice research)
- *government accountability office best practice research*
Questions!

• What more do you want to know and learn about peer support?