**Two Truths and a Lie**

**Space Requirements**: Anywhere

**Equipment**: Nothing

**Group Size**: Any size

**Alternative:** Can use this to discuss safe and healthy relationships and boundaries.

**Program Goals**:

1. To increase social awareness of leaders of group
2. To increase social skills in group setting
3. To increase creative thinking
4. Promote comfort in sharing details about ourselves

**Program Description**:

**Preparation**:

None

**Instructions:**

Have each student take turns telling us two things that are true about themselves and one thing that is false. Make sure that they don’t tell us which is which! Then let other students raise their hand to see who can guess what is a lie. The student who guesses should then go next (unless they have already gone, then let them choose someone who has not gone yet).